

INSTRUCTIONS ON HOW TO CARE FOR THE STERI STRIPS

1. Your wound should now be easier to manage.
2. Try to keep the steri-strips dry. If they should get wet then blot them dry with a tissue or towel. Please do not “rub dry” the area.
3. Attempt to keep the strips on for 1 week. Some will inevitably fall off sooner. Those that do fall off, leave them off. You do not have to try to re-apply them. If in 1 week they are still adherent, lightly peel them off.
4. After the steri-strips have been removed, keep the sutured area moist with Vaseline ointment for another 1-2 weeks.
5. After the steri-strips come off, you may then apply makeup and sunscreen protection.

Should you have any questions, please call us directly at 503-691-1122 during business hours. Otherwise, please page Dr. Kao/Keleigh at 503-724-2909.

Please make a post-operative appointment in ____ day(s).